

HOW TO ACCESS YOUR COVERAGE

While waiting on ID cards to arrive through snail mail, some members like to get a jump start and access their cards through the insurance company's website. Plan participants are also able to manage their health care by using their smart phone or tablet.

Here are a few examples of what members can do with the various apps:

- Access your ID card
- Find a provider, a hospital or emergency room
- Check your claims and benefits

The mobile apps are available at Google Play or App Store. The apps are available on iPhones, Android smart phones and tablets.



ANTHEM

Sydney Health | 833-639-1634 | www.anthem.com



Members can register on anthem.com and/or the Anthem Sydney mobile app. If you are registering for the first time, and have not received your card, you will need to contact Anthem to request your member ID. Your member ID is needed to complete the registration process.

From your computer

1. Go to anthem.com and select the Register Now link.
2. Provide the personal information requested
3. Create a username and password
4. Set your email preferences
5. Follow the prompts to complete your registration

From your mobile device

1. Download the free Anthem Sydney mobile app and select Register
2. Confirm your identity
3. Create a username and password
4. Set your email preferences
5. Provide the personal information requested
6. Follow the prompts to complete your registration

Interested in virtual visits with your providers? Anthem's telehealth provider, LiveHealth Online, is another safe and effective way for members to see a doctor to receive health guidance from their home via mobile device or a computer with a webcam. Registration is free –enroll at livehealth.com or download the app to your iPhone or Android device.

Be sure to use Anthem's Care & Cost Finder to see costs for different kinds of care. You can compare doctors and costs side by side and get an estimate of what you'll pay based on your benefits.



CAREMARK

CVS Caremark | 800-776-1355 | www.caremark.com

You can register at caremark.com to manage your prescriptions. There are three registration options to choose from to create your account – by prescription number, by member ID or by entering your information (name, DOB, address, etc.). Your member ID is your SSN.

The caremark.com mobile site can be accessed from any smart device. Once the app is downloaded, new users click Register Now to get started. Your member ID is your SSN. Existing users may log in with their username and password.

Take advantage of CVS/Caremark's Easy to Refill Tool. Refill your mail order prescriptions without registering. Simply enter your prescription number and date of birth and provide your shipping info.

For registration help, please contact CVS/Caremark at 1-800-776-1355.



EYEMED

EyeMed Members | 866-939-3633 | www.eyemed.com

The provider locator is accessible at www.eyemed.com no registration is needed. Member registration is required to access the View Benefits and ID Cards features Get the latest EyeMed Members App:

1. Download – Search “EyeMed Members” in the App store or Google Play.
2. Open – You can use some features right away; others unlock once you register.
3. Register – You'll need your member ID or the last four digits of your social security number.
4. Log In – If you've already registered on eyemed.com, you can log onto the app the same way.

For assistance, please call EyeMed's customer service team.



DELTA DENTAL

Delta Dental | 800-524-0149 | www.deltadentaloh.com

Visit www.deltadentaloh.com for benefits info. If you're not a registered user, click on “*first time login.*” You must be a Delta Dental member to register.

Mobile App access:

- Once you've downloaded the app, you can access the Dentist Search and Toothbrush Timer from the home screen without signing in.
- If you are a registered user of www.deltadentaloh.com, sign in to access your account using your existing username and password.
- You will need to sign in to access the apps' full set of features, including benefits and eligibility, mobile ID card, claims status and Cost Estimator (availability may vary by geographical area).

Need assistance, please call Delta Dental's customer service team at 800-524-0149.



HUMANA (NE OH residents only)

MyHumana | 800-233-4013 | www.humana.com

Our Humana plan is a DHMO. Your member ID is the same as your Social Security Number. This is the information needed at the time of service.

To find in-network dentists, on humana.com, select Shop for Plans and choose find a dentist. Under using in-network dentist, click on find a dentist, choose DHMO and enter your zip code, select network HD DHMO/Prepaid C250 and search.

1. To access your claims status and view benefits, register at humana.com.
2. To register, have your Humana member ID or Social Security number available
3. Go to Humana.com
4. Select “Register” at the top of the page
5. Choose “Member all other plan types”
6. Fill in some basic information – like your Humana member ID number or Social Security number, date of birth, ZIP code, and email and click “next”
7. Create a username, password and security prompt and click “next” to finish

You can also access your health information on the go with MyHumana mobile app. Download the Humana App for iOS and Android.

Contact Humana’s Customer Support Center with questions about the dental benefits.



Flexible Spending Accounts (FSA) & Health Savings Account (HSA)

Fidelity NetBenefits | 800-835-5095 | Netbenefits.com

Fidelity is our FSA & HSA administrator. You can access your account through NetBenefits. You can request reimbursements, pay your provider, review your debit card activity and more.

Visit online or on mobile, download the NetBenefits app at the App Store or Google Play